



**29th Annual
Irish Heritage Feis**
Sponsored by
**The O'Shea-Chaplin
Academy of Irish Dance**
Sunday, June 14, th 2020
Melrose Veterans Memorial
Middle School
350 Lynn Fells Parkway
Melrose, MA 02176

Contact Info: IrishHeritageFeis@gmail.com

BostonIrishDance.com - [Facebook/osheachaplin](https://www.facebook.com/osheachaplin)

Limited to the first 700 entries received, and paid for. All competitors must register and pay through FeisWeb.com by May 31.

Entries not paid for by May 31 will be deleted.

Competitions will start at 8:15 am, doors will open at 7:15 am. Cards can be printed from FeisWeb or can be picked up at the door upon arrival.

Competitor list will be posted on FeisWeb.com. The schedule and feis updates will be posted on our website: bostonirishdance.com and at [facebook/osheachaplin](https://www.facebook.com/osheachaplin)

A list of adjudicators, musicians and vendors will be posted soon.

Hotel Info:

Holiday Inn Express Saugus 800-293-0718
Four Points by Sheraton 781 284-7200
Quality Inn : 781 324-1900

No coolers permitted – refreshments and food will be available at the feis.

No food or beverage will be allowed outside of the cafeteria.

Dancing with heavy shoes on any floors throughout the school will not be allowed, other than on stages.

Age & category are determined as of 01/01/2020. A dancer's category does not change unless there are five or more competitors in a competition. A dancer only moves up in the dance that he/she has won in. All dancers will be required to dance two steps, two at a time, except pre-beginners.

Members of New England Region & IDTANA
Member of An Comisiún, Dublin

A complete set of rules can be found at northamericanfeiscommission.com

The 2020 NAFC Dance and Music Championships were held in Geneva, WI
February 28 - March 1, 2020

Entries

Limited to the first 700 entries received and paid for by May 31st
Entries will close May 31st
All entries that have not been paid for by May 31st will be deleted.
There will be no refunds.

All competitors must register and pay through FeisWeb.com by May 31st

Fees

Solos \$10
Teams \$10 (3 Hands, 4 Hands, 8 Hands)
Preliminary Championship \$34
2nd Chance Preliminary Champ \$25
Open Championship \$38 (3 rounds)
Gate Fee \$20 per family (must be included with entry fee)
FeisWeb Fee \$2 (must be included with entry fee)

Release, Waive, Hold Harmless Agreement

I acknowledge that this activity involves exertion and carries with it the potential for injury. I hereby agree to waive the right to take legal action or join in any actions against the O'Shea-Chaplin Academy, OSC Staff, feis volunteers, Melrose Veterans Memorial Middle School and/or any affiliates and associates for injuries incurred during practice and/or performance in any location. I hereby agree to indemnify, protect and save harmless the parties above or any of them from all judgments, cost and expenses whatsoever arising on account of any action, claim or demand by the minor child of mine, or any child for which I am acting in guardianship or supervisory capacity. It is understood and agreed that the participant is physically fit and prepared for participation in the activities which will be undertaken, and the participant has not been advised by any doctor or other medical person that participation in these activities should be avoided and/or limited. Participation in any competition or performance is at the sole discretion and decision of the parent or guardian.

Entries must be registered through [FeisWeb](#) by May 31st

All competitions will combine girls and boys

Pre-Beginner - Girls and Boys

1 step, 1 at a time Music Speeds: R-122, LJ -115

<u>Dancers</u>	R	LtJ
Under 5	1	2
Under 6	3	4

Beginner - Girls and Boys

Music speeds: R-122, SJ-122, LJ-115

<u>Dancers</u>	R	SljJ	LtJ
Under 5	5	6	7
Under 6	8	9	10
Under 7	11	12	13
Under 8	14	15	16
Under 9	17	18	19
Under 10	20	21	22
Under 11	23	24	25
Under 12	26	27	28
Under 13	29	30	31
Under 14	32	33	34
Under 15	35	36	37
15 and Over	38	39	40

Advanced Beginner - Girls and Boys

Music speeds: R-122, SJ-122, LJ-115, HJ-92, HP-138

<u>Dancers</u>	R	SlpJ	LtJ	TrbIJ	HP
Under 6	41	42	43	44	45
Under 7	46	47	48	49	50
Under 8	51	52	53	54	55
Under 9	56	57	58	59	60
Under 10	61	62	63	64	65
Under 11	66	67	68	69	70
Under 12	71	72	73	74	75
Under 13	76	77	78	79	80
Under 14	81	82	83	84	85
Under 15	86	87	88	89	90
15 and Over	91	92	93	94	95

Novice - Girls and Boys

Music speeds: R/SlpJ-113, LtJ-115, HvyJ-73 or 92, HP-113 or 138

<u>Dancers</u>	R	SlpJ	LtJ	TrbIJ	HP	TrdSt
Under 7	96	97	98	99	100	101
Under 8	102	103	104	105	106	107
Under 9	108	109	110	111	112	113
Under 10	114	115	116	117	118	119
Under 11	120	121	122	123	124	125
Under 12	126	127	128	129	130	131
Under 13	132	133	134	135	136	137
Under 14	138	139	140	141	142	143
Under 15	144	145	146	147	148	149
15 and Over	150	151	152	153	154	155

Prizewinner - Girls and Boys

Music speeds: R/SljJ 113, HvyJ 73 or 92, HP 113 or 138

<u>Dancers</u>	R	SljJ	TrbIJ	HP	TrdSt
Under 8	156	157	158	159	160
Under 9	161	162	163	164	165
Under 10	166	167	168	169	170
Under 11	171	172	173	174	175
Under 12	176	177	178	179	180
Under 13	181	182	183	184	185
Under 14	186	187	188	189	190
Under 15	191	192	193	194	195
15 and Over	196	197	198	199	200

Preliminary Championships - Girls and Boys

(Choice of R or SlpJ and Jig or HP)

<u>Dancers</u>	
Under 8	201
Under 9	202
Under 10	203
Under 11	204
Under 12	205
Under 13	206
Under 14	207
Under 15	208
Under 16	209
Under 17	210
Under 18	211
18 and Over	212

2nd Chance Prelim Competition

Under 8	237
Under 9	238
Under 10	239
Under 11	240
Under 12	241
Under 13	242
Under 14	243
Under 15	244
Under 16	245
Under 17	246
Under 18	247
18 and over	248

Open Championships

(Girls and Boys, 3 Rounds, j or h, r or sj & set)

<u>Age</u>	<u>Age</u>
Under 9	213
Under 10	214
Under 11	215
Under 12	216
Under 13	217
Under 14	218
Under 15	219
Under 16	220
Under 17	221
Under 18	222
18 and over	223

Team Competitions

3 Hands

<u>Dancers</u>	
Under 11	224
Under 13	225
Under 16	226
16 & over	227

4 Hands

<u>Dancers</u>	
Under 11	228
Under 13	229
Under 16	230
16 and over	231

8 Hands

<u>Dancers</u>	
Under 11	232
Under 13	233
Under 16	234
16 and Over	235

Soda Bread Competition #236 - Entry for this competition is the donation of the Irish Bread that will become the property of the Feis Committee. Bread must be submitted to the baking committee between 10 and 11 AM Sunday. Judging will take place at noon. Awards will be given for the top 3 breads. Entries will be judged on the basis of looks, texture and taste.